

What are some of the advantages of an Endoscopic Facet Denervation?

Minimally invasive procedure

Small incision and minimal scar tissue

Outpatient procedure

Short recovery time

No or minimal blood loss

Possible use of local anesthesia

Spinal mobility is maintained

The information contained in this brochure is designed to help you make an informed decision about endoscopic facet denervation. Only a doctor can determine whether you are a suitable candidate. Please consult your physician.



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What is an Endoscopic Facet Denervation?

An endoscopic facet denervation is an outpatient surgery. The surgery is done under deep sedation and there is no pain during the surgery. A small incision is made in the surgical area and an endoscope is inserted into the back. The doctor is guided by fluoroscopic X-ray to place the endoscope in the correct position. The endoscope allows the surgeon to see the targeted pain generating nerves that will be ablated/transected during the procedure. The surgeons use an RF bipolar probe (Trigger-Flex®) to find the small nerve branches that supply the joints in the spine. After identifying the nerve, a small section is cut from the nerve, allowing long lasting results.

When is an Endoscopic Facet Denervation recommended?

- When the patient has lower back pain longer than 6 weeks with no response to conservative treatments
- Palpation of the facet joints causes muscle spasm and deep tenderness
- Patient has restricted range of movement in the lumbar spine, particularly when bending backwards
- Blocking the facet joint or medial branch nerve confirms that lower back pain is caused by the facet joint

What Conditions Does Endoscopic Facet Denervation Treat?

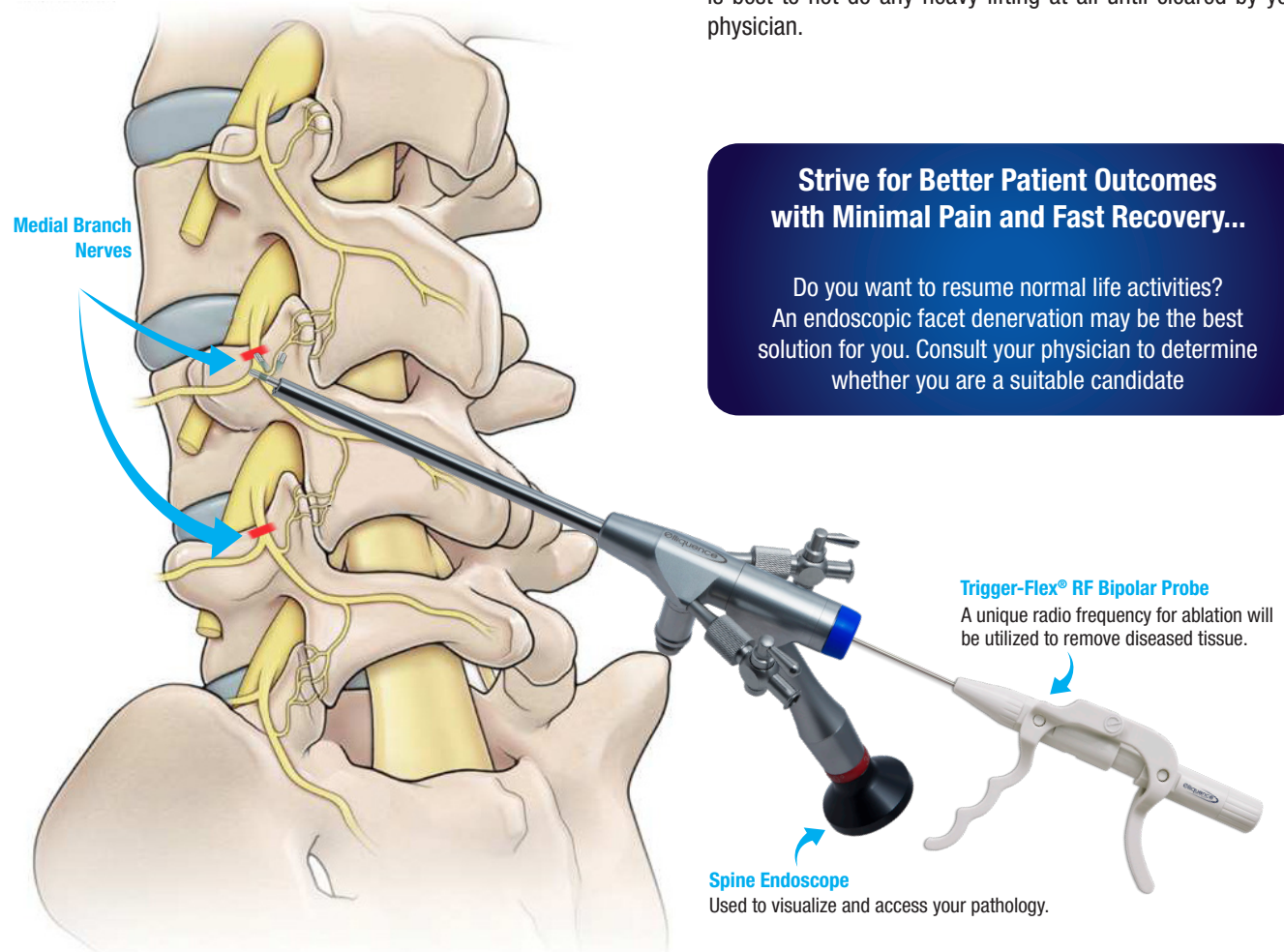
- Facet Joint Syndrome
- Failed back surgery
- Facet related arthritis
- Back spasms related to the facet joint
- Chronic low back pain



How Long Is The Recovery After An Endoscopic Facet Denervation, And How Soon Can You Return To Work?

You will likely feel minimal pain or discomfort. After a very short recovery, you are encouraged to walk around and leave the surgical center, with a companion, the same day. The followup appointment is usually scheduled the next day or within a week.

Recovery depends on how well you and your body respond to the procedure. Many patients will feel better immediately after surgery. Some patient can go back to sedentary work within a week. Be careful to listen and comply with your physician's post-operative instructions. Although you may feel better, it is best to not do any heavy lifting at all until cleared by your physician.



Strive for Better Patient Outcomes with Minimal Pain and Fast Recovery...

Do you want to resume normal life activities? An endoscopic facet denervation may be the best solution for you. Consult your physician to determine whether you are a suitable candidate